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## **CHOCOLATE WITHOUT THE GUILT?**

*New Antioxidant Supplement Offers the Benefits of Chocolate Without the Fat or Calories*

**WALLINGFORD, CT, (March 13, 2009)** – For years now, chocolate lovers have been hearing that the antioxidant benefits of cocoa might provide a good enough excuse to keep consuming their favorite treat, but diet-conscious individuals know that in order to get the true benefits of antioxidants, it would be necessary to consume much more chocolate than is realistic or healthy. By itself, cocoa powder is bitter. In order to taste good, cocoa is usually combined with sugar and fat – definite no’s-no’s for people who are trying to watch their glucose levels or their weight.

Technology has stepped up to provide a way for chocolate lovers to enjoy this guilty pleasure without the guilt: by extracting the beneficial elements in chocolate – polyphenol antioxidants called flavonoids – into a dietary supplement. HerbaSway, a Connecticut manufacturer of dietary and herbal supplements, is introducing a new supplement called Crème de Chocolat – a no-calorie extract containing organic cocoa powder, cocoa extract and white tea. Naturally sweetened with Stevia and Lo Han, Crème de Chocolat captures the taste of chocolate without the fat, calories, caffeine or sugar. Sold as a liquid concentrate, it can be added to warm or cold water or milk for an all-natural chocolate drink. Crème de Chocolat is available at health and nutrition stores and online at [www.herbasway.com](http://www.herbasway.com).

The polyphenols contained in cocoa have been found to:

- Promote a healthy immune response
- Support a healthy cardiovascular system
- Helps fight free radicals and the oxidation of LDL cholesterol
- Promote brain health and mental clarity
- Promote and nurtures healthy, smooth and supple skin
- Support good moods

**About HerbaSway**

Founded in 1996, HerbaSway manufactures all-natural nutritional and dietary supplement products in liquid concentrate form. Their flagship product, HerbaGreen® Tea, offers the antioxidant benefits of up to 15 cups of brewed green tea in one serving. HerbaSway's products contain no preservatives, artificial sweeteners, sugar or alcohol. Their line of 35 different products, including fruit extracts, therapeutic supplements and traditional herbal formulas are distributed worldwide. The company's latest product, Thré, is an all-natural energy drink concentrate with no calories, sugar or caffeine. For more information about HerbaSway, call 800-672-7322 or visit [www.herbasway.com](http://www.herbasway.com).

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